

## F

Position		Female - 3km				
Course	Cat	Race #	Time	Gender	Name	Age
7	1	51	00:46:31	F	Tara Uys	16
8	2	4	00:46:32	F	ANNEKE BOSHOFF	49
10	3	30	00:47:36	F	Layla Rothuysen	17
13	4	1	00:48:10	F	Amber-Rose Berry	14
16	5	7	00:48:21	F	Caitlin Evans	11
17	6	2	00:48:22	F	Amy Hartung	12
18	7	20	00:48:24	F	Jemma Stearns	15
19	8	43	00:48:29	F	Rebecca Nolan	16
20	9	304	00:48:35	F	Michaela Labuschagne	14
21	10	48	00:48:38	F	Shannon Watt	24
22	11	102	00:48:38	F	Tara Dixon	15
23	12	9	00:49:32	F	Claire Amner	47
25	13	19	00:52:27	F	Jean Degenaar	61
26	14	42	00:52:35	F	Olethiwe Mqadi	12
29	15	21	00:53:33	F	Jodi Boustred	36
30	16	302	00:55:52	F	Katya Bova-Olsen	11
31	17	36	00:55:53	F	Marga Kannenberg	42
32	18	307	00:56:16	F	Ruth Weber	23
33	19	301	00:57:28	F	Britt King	37
34	20	29	00:57:33	F	Kim Mac	38
36	21	25	00:59:02	F	Kate Mapham	37
37	22	24	01:00:05	F	Julie Hodgson	41
42	23	12	01:04:09	F	Diane Smith	63
43	24	53	01:04:12	F	Thea Brand	33
47	25	8	01:10:28	F	carla Carolus	21
49	26	49	01:11:56	F	Storm Bircher	10
50	27	3	01:12:28	F	Amy Mays	11
51	28	306	01:22:11	F	Rinalda Arendse	59
52	29	32	01:23:41	F	Lilly-Ann Malherbe	44
53	30	33	01:24:27	F	Lindsay De Kock	63
56	31	40	01:35:40	F	Monene Murray	54

## M

Position		Male - 3km				
Course	Cat	Race #	Time	Gender	Name	Age
<b>1</b>	<b>1</b>	27	<b>00:43:19</b>	M	Kiaan Christian Terblanche	16
<b>2</b>	<b>2</b>	38	<b>00:43:23</b>	M	MATT CARROL	16
<b>3</b>	<b>3</b>	39	<b>00:44:51</b>	M	Matthew Southworth	13
<b>4</b>	<b>4</b>	55	<b>00:45:45</b>	M	Troy McWilliam	14
<b>5</b>	<b>5</b>	11	<b>00:46:02</b>	M	Connor Kinnear	13
<b>6</b>	<b>6</b>	16	<b>00:46:05</b>	M	Graham Hodges	31
<b>9</b>	<b>7</b>	52	<b>00:47:15</b>	M	Teon Kleynhans	17
<b>11</b>	<b>8</b>	45	<b>00:47:43</b>	M	Roger Young	57
<b>12</b>	<b>9</b>	34	<b>00:47:52</b>	M	Logan Chippendale	15
<b>14</b>	<b>10</b>	28	<b>00:48:16</b>	M	KIERAN Barrow	14
<b>15</b>	<b>11</b>	18	<b>00:48:17</b>	M	Jandre Bezuidenhout	27
<b>24</b>	<b>12</b>	118	<b>00:50:30</b>	M	Cullen Clarke	14
<b>27</b>	<b>13</b>	15	<b>00:53:19</b>	M	Francois Botha	59
<b>28</b>	<b>14</b>	37	<b>00:53:24</b>	M	Martin Theron	17
<b>35</b>	<b>15</b>	5	<b>00:59:00</b>	M	Ben Nortier	42
<b>38</b>	<b>16</b>	47	<b>01:01:23</b>	M	Samuel James Pullock	12
<b>39</b>	<b>17</b>	23	<b>01:01:46</b>	M	Joshua Peter Pullock	16
<b>40</b>	<b>18</b>	44	<b>01:02:22</b>	M	Roelof Joubert	45
<b>41</b>	<b>19</b>	303	<b>01:02:27</b>	M	Jerico Shrosbree	12
<b>44</b>	<b>20</b>	14	<b>01:05:25</b>	M	Dirk Troost	20
<b>45</b>	<b>21</b>	17	<b>01:08:46</b>	M	Janco Fourie	17
<b>46</b>	<b>22</b>	305	<b>01:08:51</b>	M	Wimpie Els	53
<b>48</b>	<b>23</b>	13	<b>01:11:02</b>	M	DIETER OOSTHUIZEN	53
<b>54</b>	<b>24</b>	22	<b>01:33:48</b>	M	Johann Beytell	40
<b>55</b>	<b>25</b>	54	<b>01:35:34</b>	M	Theodore Chippendale	40