

## F

| Position |     | Female - 1 Mile |          |        |                      |     |
|----------|-----|-----------------|----------|--------|----------------------|-----|
| Course   | Cat | Race #          | Time     | Gender | Name                 | Age |
| 7        | 1   | 217             | 00:25:36 | F      | Rita Terblanche      | 43  |
| 9        | 2   | 135             | 00:27:46 | F      | MAYA LAUBSCHER       | 14  |
| 10       | 3   | 147             | 00:28:33 | F      | Rieta-Marie Brandt   | 25  |
| 11       | 4   | 123             | 00:29:59 | F      | Juane Burger         | 11  |
| 12       | 5   | 43              | 00:30:08 | F      | Rebecca Nolan        | 16  |
| 14       | 6   | 127             | 00:30:27 | F      | Lalande Esterhuysen  | 22  |
| 19       | 7   | 130             | 00:30:57 | F      | Lulu Anouk Swanepoel | 10  |
| 21       | 8   | 56              | 00:31:37 | F      | Zia Petersen         | 12  |
| 23       | 9   | 133             | 00:31:48 | F      | Marsha Van den Berg  | 53  |
| 25       | 10  | 150             | 00:32:13 | F      | Sofia van Rooyen     | 11  |
| 28       | 11  | 113             | 00:32:58 | F      | Bianca Myburgh       | 14  |
| 30       | 12  | 211             | 00:33:11 | F      | Debbie Brow          | 58  |
| 31       | 13  | 153             | 00:34:09 | F      | Trudie Els           | 52  |
| 33       | 14  | 131             | 00:35:06 | F      | Marguerite Steyn     | 30  |
| 34       | 15  | 209             | 00:35:14 | F      | Shane Brassell       | 36  |
| 35       | 16  | 114             | 00:36:52 | F      | Ceri Coxon           | 53  |
| 37       | 17  | 136             | 00:37:44 | F      | Megan Bircher        | 48  |
| 39       | 18  | 65              | 00:38:01 | F      | Esmé Harris          | 33  |
| 42       | 19  | 117             | 00:39:39 | F      | Corlia Mathews       | 61  |
| 45       | 20  | 141             | 00:41:46 | F      | Nicola Geraghty      | 38  |
| 46       | 21  | 156             | 00:42:18 | F      | wendy Harries-Jones  | 71  |
| 47       | 22  | 226             | 00:42:19 | F      | Keren Adolphs        | 30  |
| 48       | 23  | 151             | 00:42:42 | F      | Stacy Ingram         | 39  |
| 49       | 24  | 143             | 00:44:44 | F      | Penny Ingram         | 66  |
| 50       | 25  | 202             | 00:47:18 | F      | Brenda du Plessis    | 41  |
| 51       | 26  | 116             | 00:48:53 | F      | claire waumsley      | 74  |
| 52       | 27  | 154             | 00:48:56 | F      | Véronique Orban      | 44  |
| 53       | 28  | 111             | 00:48:59 | F      | Anthea Shillington   | 60  |
| 54       | 29  | 201             | 00:49:01 | F      | Marietjie Visser     | 54  |
| 55       | 30  | 152             | 00:51:03 | F      | tracy orione         | 57  |
| 56       | 31  | 139             | 00:51:48 | F      | Natalie Chippendale  | 40  |
| 57       | 32  | 109             | 00:55:48 | F      | Anne May             | 38  |

## M

| Position  |           | Male - 1 Mile |                 |        |                            |     |
|-----------|-----------|---------------|-----------------|--------|----------------------------|-----|
| Course    | Cat       | Race #        | Time            | Gender | Name                       | Age |
| <b>1</b>  | <b>1</b>  | 27            | <b>00:22:04</b> | M      | Kiaan Christian Terblanche | 16  |
| <b>2</b>  | <b>2</b>  | 82            | <b>00:22:09</b> | M      | Saul Szapira               | 15  |
| <b>3</b>  | <b>3</b>  | 31            | <b>00:24:20</b> | M      | Liam Clarke                | 14  |
| <b>4</b>  | <b>4</b>  | 218           | <b>00:24:43</b> | M      | Louis Terblanche           | 16  |
| <b>5</b>  | <b>5</b>  | 16            | <b>00:25:25</b> | M      | Graham Hodges              | 31  |
| <b>6</b>  | <b>6</b>  | 225           | <b>00:25:31</b> | M      | Herman de Vries            | 49  |
| <b>8</b>  | <b>7</b>  | 119           | <b>00:25:43</b> | M      | Frank Geraghty             | 41  |
| <b>13</b> | <b>8</b>  | 134           | <b>00:30:12</b> | M      | Matthew Wellington         | 14  |
| <b>15</b> | <b>9</b>  | 224           | <b>00:30:40</b> | M      | Armand de Wet              | 30  |
| <b>16</b> | <b>10</b> | 128           | <b>00:30:41</b> | M      | Liam Heaney                | 15  |
| <b>17</b> | <b>11</b> | 210           | <b>00:30:49</b> | M      | Troy Shrosbree             | 10  |
| <b>18</b> | <b>12</b> | 140           | <b>00:30:54</b> | M      | Nico Swart                 | 10  |
| <b>20</b> | <b>13</b> | 142           | <b>00:31:25</b> | M      | PAUL HARKER                | 33  |
| <b>22</b> | <b>14</b> | 129           | <b>00:31:43</b> | M      | lucy macdonald             | 23  |
| <b>24</b> | <b>15</b> | 112           | <b>00:32:02</b> | M      | Anthony Benvenuto          | 51  |
| <b>26</b> | <b>16</b> | 215           | <b>00:32:22</b> | M      | Renier Verbeek             | 11  |
| <b>27</b> | <b>17</b> | 212           | <b>00:32:41</b> | M      | Rob Brow                   | 57  |
| <b>29</b> | <b>18</b> | 120           | <b>00:33:05</b> | M      | Isaac Coetzee              | 24  |
| <b>32</b> | <b>19</b> | 214           | <b>00:34:29</b> | M      | Miemie Verbeek             | 47  |
| <b>36</b> | <b>20</b> | 115           | <b>00:37:16</b> | M      | Chelsea Saunders           | 29  |
| <b>38</b> | <b>21</b> | 107           | <b>00:37:50</b> | M      | Alex Strickland            | 56  |
| <b>40</b> | <b>22</b> | 121           | <b>00:38:07</b> | M      | James Cowie                | 45  |
| <b>41</b> | <b>23</b> | 203           | <b>00:38:20</b> | M      | Steve Lingard              | 63  |
| <b>43</b> | <b>24</b> | 122           | <b>00:41:06</b> | M      | James Heaney               | 12  |
| <b>44</b> | <b>25</b> | 144           | <b>00:41:17</b> | M      | Peter Heaney               | 41  |